

<b>T<sub>1</sub></b>	<b>E</b>	<b>S</b>	<b>T<sub>2</sub></b>	<b>I.</b>	<b>Q.</b>
Get a good night's sleep the night before the test.	Mark all answer boxes carefully.	Breathe deeply between questions.	Read each direction <b>twice</b> before beginning each section.	Practice following directions and using memory tools.	Have your tools ready.
Pace yourself if the test has a time limit.	Block out distractions.	Use logic when you think about your answer.	Wear comfy clothes.	Watch for and use key words.	<b>Reread</b> the most believable answers before you decide which one provides the best answer.
Write your responses clearly and carefully.	Read for the main idea.	<b>RELAX</b>	<b>ESSAY QUESTIONS</b> - include evidence you read in the text.	Make educated guesses when you are in doubt about the answer.	Ask questions when you need assistance.
Mark tough questions with a faint line and return later to answer them.	Read the questions before you begin reading the selection.	Read the text <b>TWICE</b> before you answer the questions.	Mentally x-out answers that aren't relevant/appropriate or realistic.	Show your thinking when asked. Write/Draw clearly.	Rest your eyes and move to loosen your hands, shoulders, and back periodically.
Eat a healthy breakfast. Carry a healthy snack and water if allowed.	Use your critical thinking skills.	Answer every question to the best of your ability.	Ask if spelling is graded as part of the test.	Be persistent. When you become frustrated, close your eyes take a 10-second break.	<b>MULTIPLE CHOICE QUESTIONS</b> - Rule out any answers that do not belong before you make your selection.
<b>CHECK</b> that you've answered every question before you hand in your test.	<b>TRUE/FALSE QUESTIONS</b> - Use logic and first impressions	Understand the test jargon.	<b>OPINION QUESTIONS</b> - Answer by explaining how the question relates to your life experiences.	<b>OPEN BOOK TESTS</b> - Use chapter and sub headings and illustrations to locate information.	<b>DOUBLE CHECK:</b> Have you written your name and needed ID on the front of the test??